

Can Do Statements

In order to get a sense of where your level is, you can use this quick self-evaluation to showcase what you are currently able to do and help direct you to move to higher levels.

Directions:

Read each **Can Do Statement** and place a check in the column titled **My Level** that best identifies your ability with that mode and domain. You may want to write the date of this evaluation and do this again in several months to monitor growth in these areas.

Interpretive Mode – Listening (Understanding Spoken Language)

ACTFL Level	My Level	Can Do Statements
Novice-Low		<input type="checkbox"/> I can understand only a few clearly spoken words.
Novice-Mid		<input type="checkbox"/> I can understand familiar names, words, and very basic phrases concerning my family, my close surroundings, and myself when people speak slowly and clearly.
Novice-High		<input type="checkbox"/> I can understand many phrases and commonly used vocabulary related to areas of personal interest (e.g., very basic personal and family information, shopping, local area, school etc.). <input type="checkbox"/> I can understand familiar, short, clear, simple messages and announcements.
Intermediate-Low		<input type="checkbox"/> I can understand very basic sentences with topics about my close surroundings like home, school and friends when the language is clear and slow. <input type="checkbox"/> I can understand the main point in clear, simple messages and announcements. <input type="checkbox"/> I can understand some basic questions.
Intermediate-Mid		<input type="checkbox"/> I can understand some main points in a conversation on familiar matters regularly encountered in work, school, leisure, etc. <input type="checkbox"/> I can understand some main points of many radio or TV programs on current affairs or topics of high interest when spoken slowly and clearly.
Intermediate-High		<input type="checkbox"/> I can understand longer presentations and discussions and follow more complex lines of argument, as long as the topic is reasonably familiar. <input type="checkbox"/> I can understand most TV news and current affairs programs. <input type="checkbox"/> I can understand most of the language spoken in movies and films.
Advanced-Low		<input type="checkbox"/> I can understand extended speech even when it is not clearly structured and when relationships are only implied and not stated directly. <input type="checkbox"/> I can understand television programs and films without too much effort.

Interpretive Mode – Reading (Understanding Written Language)

ACTFL Level	My Level	Can Do Statements
Novice-Low		<input type="checkbox"/> I can understand only a few very common words.
Novice-Mid		<input type="checkbox"/> I can understand some familiar names, words, and very simple phrases. For example, I can read and understand some basic information found in simple notes, memos, emails and posters.
Novice-High		<input type="checkbox"/> I can read very short, simple, sentence-length texts. I can find specific, predictable information in simple everyday material such as advertisements, menus, and schedules. <input type="checkbox"/> I can understand some short, simple personal notes and email greetings.
Intermediate-Low		<input type="checkbox"/> I can understand very basic strings of sentences with topics relating to my surroundings, e.g., home, school and friends. <input type="checkbox"/> I can understand the main points in short, non-complicated emails, letters, advertisements, announcements and some short stories.
Intermediate-Mid		<input type="checkbox"/> I can understand most main points in texts regularly encountered in work, school, leisure, etc. <input type="checkbox"/> I can understand the main points of most daily news stories and magazine articles with areas/topics where I have an interest or some experience.
Intermediate-High		<input type="checkbox"/> I can read longer texts like short stories and simple novels and understand most of the main ideas. <input type="checkbox"/> I am able to guess the meaning of many new words from context.
Advanced-Low		<input type="checkbox"/> I can read articles and reports concerned with contemporary problems in which the writers state particular attitudes or viewpoints. <input type="checkbox"/> I can understand most contemporary literary prose. <input type="checkbox"/> I can understand specialized articles and longer technical instructions.

Interpersonal Mode – Speaking (Speaking with another person)

ACTFL Level	My Level	Can Do Statements
Novice-Low		<input type="checkbox"/> I can say only a few common words or set phrases, like: hello, goodbye, my name is, etc. <input type="checkbox"/> I am also able to answer some very simple questions using memorized words or phrases.
Novice-Mid		<input type="checkbox"/> I can interact in a simple way provided the other person is prepared to repeat or rephrase things at a slower rate of speech and help me formulate what I am trying to say. <input type="checkbox"/> I can ask and answer simple questions about familiar surroundings using memorized words and some longer simple phrases.
Novice-High		<input type="checkbox"/> I can communicate about routine tasks requiring a simple and direct exchange of information on familiar topics and activities. <input type="checkbox"/> I can ask memorized and some basic original questions. I am not able to understand enough to keep the conversation going beyond basic memorized exchanges.
Intermediate-Low		<input type="checkbox"/> I can communicate in some unstructured exchanges of information on familiar topics and activities. <input type="checkbox"/> I can interact in short social exchanges and keep the conversation going by asking and responding to basic questions. <input type="checkbox"/> I can ask some follow-up questions to keep the conversation going.
Intermediate-Mid		<input type="checkbox"/> I can deal with most situations likely to arise when traveling in an area where the language is spoken. <input type="checkbox"/> I can enter unprepared into conversations on topics that are very familiar, of personal interest, or pertinent to everyday life (e.g. family, school, hobbies, work, travel and current events). <input type="checkbox"/> I can ask detailed follow-up questions and probe more deeply into information shared in the conversation.
Intermediate-High		<input type="checkbox"/> I can communicate with an increasing degree of fluency that makes regular interaction with native speakers possible even though I still need some help formulating more complex thoughts. <input type="checkbox"/> I can use language that I know to express ideas and vocabulary unfamiliar to me (circumlocution). <input type="checkbox"/> I can take an active part in discussions in familiar contexts and ask more sophisticated questions across multiple time frames.
Advanced-Low		<input type="checkbox"/> I can express myself fluently and spontaneously and exchange detailed information without much difficulty. <input type="checkbox"/> I can use language flexibly and effectively for most social and academic purposes. <input type="checkbox"/> I can formulate ideas/opinions and express those skillfully to other speakers/conversation partners providing clear explanations, comparisons and can negotiate some unexpected complications.

Presentational Mode – Speaking (Speaking to another person or audience)

ACTFL Level	My Level	Can Do Statements
Novice-Low		<input type="checkbox"/> I can say only a few memorized, common words or set phrases.
Novice-Mid		<input type="checkbox"/> I can use simple words and phrases to describe myself, where I live and other basic language about my close surroundings.
Novice-High		<input type="checkbox"/> I can use a series of learned phrases and basic sentences to describe my family and other people, my close surroundings and general weather conditions. <input type="checkbox"/> I am also able to state simple likes and interests associated with food, beverages, and some basic activities.
Intermediate-Low		<input type="checkbox"/> I can use a series of basic sentences to describe themes and topics connected with my daily life experience. <input type="checkbox"/> I am also able to formulate more extended questions and use more details in my language.
Intermediate-Mid		<input type="checkbox"/> I can connect sentences in a simple way in order to describe experiences and events, including my dreams and hopes. <input type="checkbox"/> I can give short, basic reasons and explanations. <input type="checkbox"/> I can narrate a short story, relate the plot of a short story or summarize a simple story/event.
Intermediate-High		<input type="checkbox"/> I can present clear, detailed descriptions on a wide range of subjects. <input type="checkbox"/> I can describe a process regarding a topic or event that I am very familiar with and include extended details. <input type="checkbox"/> I can link main ideas together using basic transition or linking words/phrases.
Advanced-Low		<input type="checkbox"/> I can present clear, detailed descriptions of complex subjects integrating sub-themes. <input type="checkbox"/> I can present a clear, smoothly flowing description or argument in a style appropriate to the context. <input type="checkbox"/> I can develop detailed, critical points and expound on those ideas. <input type="checkbox"/> I can formulate appropriate conclusions and produce paragraph length responses across major time frames.

Presentational Mode – Writing (Writing to another person or audience)

ACTFL Level	My Level	Can Do Statements
Novice-Low		<input type="checkbox"/> I can write only a few common words or set phrases or copy a few characters.
Novice-Mid		<input type="checkbox"/> I can write a few short, simple phrases. <input type="checkbox"/> I can fill in forms with personal details, (e.g., entering my name, nationality and address on a hotel registration form.) <input type="checkbox"/> I can write a few common characters in a character-based language.
Novice-High		<input type="checkbox"/> I can write a few short and simple sentences about things familiar to me. These sentences have little or no added detail and follow very formulaic structures. Spelling and grammar errors may occur often. <input type="checkbox"/> I can write several frequently used characters in a character-based language.
Intermediate-Low		<input type="checkbox"/> I can write a series of basic sentences to describe themes and topics connected with my every-day life experience. <input type="checkbox"/> I can formulate more extended questions and use more details. Errors in spelling and usage are common in my writing. <input type="checkbox"/> I can write many characters in a character-based language, using keyboard input skills to assist in the writing process.
Intermediate-Mid		<input type="checkbox"/> I can connect sentences in a simple way in order to describe experiences and events in my daily life at home, school and in my community. <input type="checkbox"/> I can give basic reasons, added details and explanations in my writing. Character-based languages can accomplish the same tasks, using keyboard input processes to assist in completing the task.
Intermediate-High		<input type="checkbox"/> I can write clear, detailed text on a wide range of subjects related to my interests. <input type="checkbox"/> I can write a basic single paragraph essay or report that conveys information. <input type="checkbox"/> I can write letters highlighting the personal significance of events and experiences in my life. Character-based languages can accomplish the same tasks, using keyboard input processes to assist in completing the task.
Advanced-Low		<input type="checkbox"/> I can express myself in clear, well-structured text, expressing points of view at some length. <input type="checkbox"/> I can write about complex subjects in a letter, an essay or a report, underlining what I consider to be the key issues. <input type="checkbox"/> I can select a style appropriate to the reader in mind and produce paragraph length texts across major time frames. Character-based languages can accomplish the same tasks, using keyboard input processes to assist in completing the task.

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